

Blue Cliff School of Therapeutic Massage, Mobile AL

Presents:

European Kinetic Massage - Problem Conditions I

Magnus Eklund RMT

March 8-9, 2008- 9:00AM-4:00PM

European Kinetic Massage Therapy, and Myofascial stretching techniques for relief of chronic pain & postural misalignments of the whole body.



- Relief of chronic pain...often with permanent results! Work smarter! Not harder!
- Proven European Kinetic Massage techniques for freedom of movement.
 - Powerful Myofascial techniques for structural alignment.

Includes Massage Techniques for:

- Thoracic Outlet Syndrome, Carpal Tunnel Syndrome & Pectoralis Minor syndrome
 - TMJ, Chronic Neck and Shoulder pain
 - "Rotator Cuff Problems" and Bicipital Tendonitis
 - "Frozen Shoulder" (Adhesive Capsulitis)
- Lateral - "Tennis Elbow" and Medial "Golfers Elbow" Epicondylitis

12 NCBTMB-450063-06, Alabama, Tennessee, Florida-50-9284 & Mississippi-29 continuing education hours for massage therapists.

Magnus Eklund RMT 144, CYT is a registered massage therapist, yoga teacher and workshop teacher from Sweden. He was a member of the 1996 Atlanta Olympics Athletes Medical Team. He has trained in Sweden with Dr. of Naprapathy Johan Paldanius, a Swedish Olympic team physician. He is also trained by John Barnes PT - MFR - in Myofascial Therapy. He is an AMTA certified Sports Massage Specialist.

Location: Blue Cliff School of Therapeutic Massage - 2970 Cottage Hill Road, suite 175, Mobile, AL 36606 - **Cost:** \$ 195 (Pre sign up) or \$ 225 (At the door) - Make check out to: Magnus Eklund

Mail check to: Blue Cliff School of Therapeutic Massage (see address above)

For more information call: Blue Cliff at: (251)473-2220 or for content information call: Magnus Eklund (228)596-1505 - MagnusE@aol.com - www.reducestressnow.com

Bring: Shorts, bathing suit top, tube top or sports bra for postural assessment, sheets, oil/lotion & soft pillow.

This workshop is not meant to substitute for traditional medical care, nor manipulating bones, nor diagnose medical conditions, but to educate massage therapists on how to safely apply fascial and massage techniques on clients with various problem conditions.