

"Weekend Warrior"

Sports Massage

Tennis - Golf - Running

With Magnus Eklund RMT

February 9-10, 2008, Jackson, MS

- Hands-on Sports Massage techniques for injury prevention.
- Hands-on Sports Massage techniques for peak performance.
- Advanced Sports Massage techniques; applied using biomechanical advancements for consistent ground breaking results, without damaging your own body.
 - Sport scientific research to enhance your work.



- Member 1996 Atlanta Olympics Athletes Medical Team
 - AMTA certified Sports massage Specialist
- Former clients include; ATP tennis tour players, USA national track and field championships, USA women's rugby team, Mississippi Sea Wolves Professional Ice Hockey Team and more.
 - Former USPTA Tennis Professional

12 CE hours - NCBTMB Provider 450063-06 and Mississippi SAP 29

Hours: 9AM - 4 PM both days

Location: Mississippi School of Therapeutic Massage - 5140 Galaxie Dr. Jackson, MS 39206

(601)362-3624 to sign up - www.reducestressnow.com

Cost: \$ 210 presign up - or \$ 225 at the door - Mail and make check out to MSTM

For content info. contact: **Magnus Eklund RMT 144 - MagnusE@aol.com (228)596-1505**

Bring: Shorts, sheets, oil or lotion and a soft pillow. - *This workshop is not meant to substitute for traditional medical care, nor move bones, nor diagnose illness, but to educate massage practitioners on how to safely apply massage techniques.*